

# Exploring the Soul of the NHS

**Invitation day to be held on Thursday 5<sup>th</sup> March 2020 at:  
Benedictine Institute, 74 Castlebar Rd, West Ealing, London, W5 2DDX  
from 9.30am for a 10am start – 4.30pm.**

*You will join Robin Shohet, Elmer Postle and Kate Malcomess with 8 other handpicked colleagues and friends, helping us explore a new approach.*

We would very much appreciate your help in developing an approach to sharing stories of care, compassion and kindness in the NHS that reconnect people with their own and others' true nature.

We will be practising using video technology, and aspects of the Inner View Method developed by Nic Askew, to witness people's experience and capture it on film. This idea is still in embryonic form, so we thought we needed some willing critical friends to start the ball rolling.

As someone who has either worked in, worked with or been treated in the NHS (or all three!), we would be asking you simply to bring yourself. Please don't bring any prepared speeches or stories, we are really looking for what emerges from us all on the day.

## **What to expect:**

- You will be asked to sit in front of a camera for up to 10 minutes. The other people in the group will see your face projected on a large screen. This will be recorded on film but you will have complete control over what happens to any footage produced.
- Please wear comfortable clothing.
- Refreshments and lunch will be provided.

## **Broad Outline of the Day:**

9.30	<i>Arrival</i>
10.00	Introduction and process briefing
11.15	<i>Tea/Coffee</i>
11:30	Filming
13:00	<i>Lunch</i>
13:45	Filming
15:00	<i>Tea/Coffee</i>
15:45	Debrief and Feedback
16:30	<i>End</i>

**Cost:** We would appreciate a contribution of **£35** to cover room hire and catering costs.