

Online Therapy: How to Make the Transition to Working Online, and How to Develop Good Practice

Resources and Reading List

APA Guidelines for the Practice of Telepsychology:

<https://www.apa.org/practice/guidelines/telepsychology>

Brahnam, Sheryl. (2014). Therapeutic presence in mediated psychotherapy: The uncanny stranger in the room. *Interacting with Presence: HCI and the Sense of Presence in Computer-Mediated Environments*. 123-138. 10.2478/9783110409697.8.

Lapidot-Lefler, Noam & Barak, Azy. (2012). Effects of anonymity, invisibility, and lack of eye-contact on toxic online disinhibition. *Computers in Human Behavior*. 28. 434-443. 10.1016/j.chb.2011.10.014.

Lemma A. (2017) *The Digital Age on the Couch: Psychoanalytic Practice and New Media*. London: Routledge.

Sanchez, M.G. (2014). E-counseling through computer mediated communication. *CVCITC Research Journal*, 1 (1), pp 1 – 15.

Savege Scharff, Jill. (2018). *Psychoanalysis Online: Mental Health, Teletherapy and Training*. 10.4324/9780429478833.

Savege Scharff, Jill. (2018). *Psychoanalysis Online 2: Impact of Technology on Development, Training, and Therapy*. 10.4324/9780429478840.

Savege Scharff, Jill. (2018). *Psychoanalysis Online 3: The Teleanalytic Setting*. 10.4324/9780429478857.

Suler, J. (2017) *Psychoanalytic Cyberpsychology*. *Int. J. Appl. Psychoanal. Studies*, 14: 97– 102. doi: 10.1002/aps.1487.

(also see: *John Suler's The Psychology of Cyberspace* - <http://truecenterpublishing.com/psyber/index.html>)



www.TavistockRelationships.ac.uk



020 7380 8288



training@TavistockRelationships.ac.uk



TRAINING, POLICY & RESEARCH
TAVISTOCK
RELATIONSHIPS